

East Coast Liver Meeting 2026

Program





ECLM 26 Convenors' Welcome

It is our great pleasure to welcome you to the Liver Foundation's Annual Liver Meeting — Australia's premier multidisciplinary scientific and clinical conference dedicated to all aspects of liver disease. Now in its 16th year, this much-anticipated event brings together clinicians and researchers from across the nation to share the latest advances in liver health and care.

In 2026, we're excited to take the meeting to the East Coast for the very first time, hosted at the beautiful Manly Pacific Hotel in Sydney. As always, the purpose of the meeting is to update medical practitioners and nurses on the evolving management of liver disease, including rare conditions, hepatitis, end-stage liver disease, liver cancer, fatty liver, and liver transplantation.

The event fosters cross-disciplinary collaboration, bringing together a wide range of voices in the service of adults and children affected by liver disease. It is a dynamic forum for clinical education and open discussion, with ample opportunity to network with fellow delegates working across the spectrum of hepatology.



Prof Simone Strasser



Prof Ken Liu



Dr Talal Valliani



Friday 15 May 2026

10:15am - Welcome address and update
10:30am on Liver Foundation

Session 1: Keeping people with cirrhosis alive and well

10:30am - Optimising care of the cirrhotic patient to prevent
10:50am decompensation
10:50am - Identification and management of Decompensation
11:10am and Acute on Chronic Liver Failure
11:10am - Decompensated cirrhosis: Who and when to refer
11:30am to a liver transplant unit
11:30am - The 'hard-to-reach': Finding and treating hepatitis
11:50am in the community
11:50am - Discussion
12:20pm

Lunch 12:20pm - 1:20pm

Session 2: 40 years of Liver transplant at the Australian National Liver Transplant Unit 1986-2026

1:20pm - Evolution of liver transplantation from the early
1:40pm days to the current era
1:40pm - Liver transplantation in children - not just small
2:10pm adults
2:10pm - Liver transplantation to treat alcohol-related liver
2:30pm disease - why are there 'rules'?
2:30pm - Liver transplant in the treatment of HCC - evolving
2:50pm concepts in the immunotherapy era
2:50pm - Discussion
3:20pm

Afternoon Tea 3:20pm - 3:40pm

Session 3: Liver disease in women

3:40pm - Chronic liver disease: How are women different to
4:00pm men?
4:00pm - The young woman with cirrhosis and portal HT:
4:20pm Contraception, IVF and pregnancy
4:20pm - Pregnancy associated liver disorders:
4:40pm New insights and recommendations
4:40pm - Primary biliary cholangitis: Considerations in
5:00pm management
5:00pm - Discussion
5:15pm

Conference Dinner 7:00pm - 10:00pm



Saturday 16 May 2026

Session 4: MAFLD: The disease affecting a third of the Australian adult population

8:00am - 8:20am	Management of metabolic dysfunction regardless of geography
8:20am - 8:40am	Nutritional approaches to weight loss in MAFLD, cirrhosis and liver transplant
8:40am - 9:00am	Medical management of MAFLD
9:00am - 9:20am	Surgical approaches to weight loss
9:20am - 10:00am	Discussion

Morning Tea 10:00am - 10:30am

Session 5: Supportive and Palliative Care in Liver disease

10:30am - 10:50am	How and when to provide supportive care to patients with advanced liver disease
10:50am - 11:10am	Symptom management in advanced liver disease and the role of remote support
11:10am - 11:30am	Frailty in HCC: Is it important?
11:30am - 11:50am	Management of ascites in advanced liver disease when transplant is not an option
11:50am - 12:15pm	Discussion

Lunch 12:15pm - 1:00pm

Session 6: Fascinating cases

1:00pm - 1:20pm	CHW
1:20pm - 1:40pm	Liverpool
1:40pm - 2:00pm	Westmead
2:00pm - 2:20pm	SGH

Conference Close 2:30pm