

# East Coast Liver Meeting 2026

Program

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## ECLM 26 Convenors' Welcome

It is our great pleasure to welcome you to the Liver Foundation's Annual Liver Meeting — Australia's premier multidisciplinary scientific and clinical conference dedicated to all aspects of liver disease. Now in its 16th year, this much-anticipated event brings together clinicians and researchers from across the nation to share the latest advances in liver health and care.

In 2026, we're excited to take the meeting to the East Coast for the very first time, hosted at the Manly Pacific Hotel in Sydney. As always, the purpose of the meeting is to update medical practitioners and nurses on the evolving management of liver disease, including rare conditions, hepatitis, end-stage liver disease, liver cancer, fatty liver, and liver transplantation.

The event fosters cross-disciplinary collaboration, bringing together a wide range of voices in the service of adults and children affected by liver disease. It is a dynamic forum for clinical education and open discussion, with ample opportunity to network with fellow delegates working across the spectrum of hepatology.



Prof Simone Strasser



Prof Ken Liu



Dr Talal Valliani

### REGISTRATION

Visit: [liver.org.au/health-professionals/liver-meeting](https://liver.org.au/health-professionals/liver-meeting)  
or scan the QR code.





# Friday 15 May 2026

10:15am - 10:30am Welcome address, Liver Foundation update and history of the West Coast Liver Meeting **Winthrop Prof Gary Jeffrey**  
**Sally Castle**

## Session 1: Keeping people with cirrhosis alive and well

10:30am - 10:50am New concepts in cirrhosis and portal hypertension **A/Prof Avik Majumdar**

10:50am - 11:10am Optimising care of the cirrhotic patient to prevent decompensation **Prof Simone Strasser**

11:10am - 11:30am Identification and management of Acute on Chronic Liver Failure **Dr Therese Bittermann**

11:30am - 11:50am Decompensated cirrhosis - Who and when to refer to a liver transplant unit **Dr Talal Valliani**

11:50am - 12:20pm Discussion

**Lunch 12:20pm - 1:20pm**

## Session 2: 40 years of Liver transplant at the Australian National Liver Transplant Unit 1986-2026

1:20pm - 1:40pm Evolution of liver transplantation from the early days to the current era **Prof Geoff McCaughan**

1:40pm - 2:10pm Liver transplantation in children - not just small adults **Dr Michael Stormon**  
**Clin Prof Gordon Thomas**

2:10pm - 2:30pm Liver transplantation to treat alcohol-related liver disease - why are there 'rules'? **Dr Anastasia Volovets**

2:30pm - 2:50pm Liver transplant in the treatment of HCC - evolving concepts in the immunotherapy era **Prof Ken Liu**

2:50pm - 3:20pm Discussion

**Afternoon Tea 3:20pm - 3:40pm**

## Session 3: Liver disease in women

3:40pm - 4:00pm Chronic liver disease - how are women different to men? **A/Prof Amany Zekry**

4:00pm - 4:20pm The young woman with cirrhosis and portal HT - contraception, IVF and pregnancy **Dr Katherine Stuart**

4:20pm - 4:40pm Pregnancy associated liver disorders: New insights and recommendations **A/Prof Miriam Levy**

4:40pm - 5:00pm Primary biliary cholangitis - considerations in management **A/Prof Martin Weltman**

5:00pm - 5:15pm Discussion

**Conference Dinner 7:00pm - 10:00pm**



# Saturday 16 May 2026

## Session 4: MAFLD: The disease affecting a third of the Australian adult population



8:00am - 8:20am	Assessment and Management of metabolic dysfunction regardless of geography	<b>Prof Leon Adams</b>
8:20am - 8:40am	Nutritional approaches to weight loss in MAFLD, cirrhosis and liver transplant	<b>Dr Helen Vidot</b>
8:40am - 9:00am	Medical management of MAFLD	<b>Prof Jacob George</b>
9:00am - 9:20am	Surgical approaches to weight loss	<b>Dr David Yeo</b>
9:20am - 10:00am	Discussion	

**Morning Tea 10:00am - 10:30am**

## Session 5: Supportive and Palliative Care in Liver disease

10:30am - 10:50am	How and when to provide supportive care to patients with advanced liver disease	<b>Dr In Sun Moon</b>
10:50am - 11:10am	Symptom management in advanced liver disease and the role of remote support	<b>Megan Collins</b>
11:10am - 11:30am	Frailty in advanced liver disease and HCC - is it important?	<b>Dr Rachael Jacob</b>
11:30am - 11:50am	Management of ascites in advanced liver disease when transplant and TIPS are not an option	<b>Katie Marshall</b>
11:50am - 12:15pm	Discussion	

**Lunch 12:15pm - 1:00pm**

## Session 6: Fascinating cases

1:00pm - 1:20pm	CHW	<b>Dr Susan Siew</b>
1:20pm - 1:40pm	Liverpool	<b>Dr David Prince</b>
1:40pm - 2:00pm	Westmead	<b>Dr Anna Di Bartolomeo</b>
2:00pm - 2:20pm	SGH	<b>A/Prof Amany Zekry</b>

**Conference Close 2:30pm**